

SPORT

For timetables and more information please visit the [Co-Curriculum SharePoint page](#).

A-Level Clinic

Open to: Senior School

For students who would like further support. Please contact Ms Nicholson

Ms Nicholson AN@forest.org.uk

Athletics Club

Open to all years, please go to the PE Office to sign-up.

Bowlers

Invite Only

Please contact Mr Fowler for more information.

Cricket Junior Academy

Invite Only

This will start third week of Lent Term due to exams taking place in the Sports Hall.

Please contact Mr Fowler for more information.

Mr Fowler tjf@forest.org.uk

Cricket Lunch

Please speak to Mr Fowler if you have any questions.

Cricket Scholars

Invite Only

Please contact Mr Fowler for more information.

Mr Fowler tjf@forest.org.uk

EPP (Elite Player Program)

Invite Only

The Elite Player Programme (EPP) is designed to support the further development of talented pupils by providing additional guidance and support that goes beyond the normal PE and Games Programme. Pupils should be competing at a regional or national level in at least one sport – all Sport Scholars are automatically enrolled on the programme. Please contact Mr Foster for more information. dsf@forest.org.uk

Table Tennis Club KS4 (Mondays) & Table Tennis Y7-9 (Wednesdays)

Open to: Middle School

Mr Oxley jxo@forest.org.uk

GCSE PE Clinic

Please speak to Ms Cooper for more information.

Girls' Cricket

All Levels. Please contact Mr Fowler to join or see Co-Curricular timetable.

Mr Fowler tjf@forest.org.uk

Girls' Cricket Academy

Invite Only

This will start third week of Lent Term due to exams taking place in the Sports Hall.

Please contact Mr Fowler to join or see Co-Curricular timetable.

Mr Fowler tjf@forest.org.uk

Girls' Football

Invite Only

Please speak to Mr Sheringham

Mixed Hockey Club

Open to: Y9-13 (Mondays) and Y7-8 (Thursdays)

Mr Gilkes dgilkes@forest.org.uk or Ms. Stitt ils@forest.org.uk

Netball Y9-13

Please speak to Mrs Tubb or Ms Bertrand.

Open Gym

Open to Y9-13

Open to drop-ins. Please speak to Mr Banks or the PE Office if you have any questions.

Park Run

Meet at White Gates. Please speak to Mr Sage, Mr Banks, or Ms Marie.

Senior Weights

Open to: Middle School, Senior School

Please contact Mr Marjoribanks to join or see Co-Curricular timetable.

Mr Marjoribanks fjm@forest.org.uk

Sub Aqua (Invite Only)

Please speak to Mr Leman for more information.

Swimming GCSE

Please contact Ms A Nicholson to join or see Co-Curricular timetable.

Ms A Nicholson an@forest.org.uk

Swimming Top Squad

Open to All Years

Please contact Ms L Poulter to join or see Co-Curricular timetable.

Ms L Poulter lcp@forest.org.uk

Water Polo

Open to all years

Please contact Mr C Weatherhead for more details. cweatherhead@forest.org.uk

END