

PERFORMING ARTS

Please sign-up using SOCS

For timetables and more information please visit the [Co-Curriculum SharePoint page](#).

Ballet Level 1

Open to: Lower School, Middle School

Introductory ballet class focusing on foundations and barre work.

Ms Tolland ftolland@forest.org.uk

Ballet Level 2

Open to: Lower School, Middle School

Advanced ballet class focusing on technique and artistry. (Grade 3 ISTD upwards/Grade 4 RAD upwards) Ms Tolland ftolland@forest.org.uk

Ballet Level 3

Open to: Lower School, Middle School

Ballet Level 3 (Commencing Lent 2025) This class is for those studying Grade 4 ISTD upwards/Grade 5 RAD upwards. We begin with a 20-minute Pre-Pointe/Pointe work class before moving on to syllabus work. This class is for experienced students but is open to all year groups. Students will be assessed before beginning pointe work.

Ms Tolland ftolland@forest.org.uk

Big Band

Open to: Lower School, Middle School, (Invite only)

Our senior Jazz ensemble, comprising saxophones, trumpets, trombones, piano, guitar, bass and drum kit. Predominantly music in the jazz style along with some Latin, Funk and more popular pieces. Standard of Grade 5 and above, and enthusiasm and commitment are key to the success of this group. (Grade 5+) Mr Kemp jkemp@forest.org.uk

Brass Quintet

Open to: Middle School, Senior School

A chamber group for our most advanced brass players, performing music from the Tudor dances of Henry VIII to jazzy pieces.

Mr Barrett cbarrett@forest.org.uk

Cello Ensembles

Open to: Lower School, Middle School, Senior School

The Cello Ensembles play repertoire from a wide range of genres and have fun whilst working on ensemble skills. A great opportunity to step away from playing the bass line and take turns in playing the melody for a change! If you play the cello, please get in touch. Ms Manthorpe-Saunders amsaunders@forest.org.uk

Chapel Choir

Open to: Lower School, Middle School, Senior School, (Invite only, Audition)

The Chapel Choir comprises around 40 students and sings for a range of occasions: school chapel services, external Choral Evensongs at Oxbridge Colleges and UK Cathedrals, Remembrance Day, Commemoration and Carol services; as well as performing pop, jazz, folk and other lighter styles in concerts. Many of our singers become Choral Scholars at University, and go on to sing with prestigious

youth choirs, such as the National Youth Choir of Great Britain, and the Rodolfus Choir. A specific vocal grade is not required upon joining: singers will be accepted on vocal potential and willingness to learn - although many singers have vocal lessons, and take vocal examinations. An audition is required to join, and commitment to rehearsals and performances is essential.

Mr Clements jrwc@forest.org.uk

Chamber Music

Open to: Lower School, Middle School, Senior School (Invite only)

Our most advanced players engage in the art of Chamber Music. Various groups rehearse across the year, and this is open to all instrumentalists who would like to commit to this truly rewarding and challenging setting. An opportunity to play some of the best repertoire in the Classical tradition.

Mr Pares lap@forest.org.uk

Chamber Orchestra

(Invite only) Open to: Lower School, Middle School, Senior School

This is a string orchestra made of the most advanced players at Forest. The standard for joining is Grade 7+, although some less advanced players with particularly musical abilities and dedication are most welcome. All advanced string players are welcome to join.

Mr Pares lap@forest.org.uk

Cheer Dance

(Audition only) Open to: Lower School, Middle School, Senior School

This is a fun, high energy class, learning all elements of pom dance. Suitable for beginners through to the more experienced and for all year groups.

Ms Tolland ftolland@forest.org.uk

Cheer Stunts

Open to: Lower School, Middle School

In Cheer Stunts we learn the latest lifts and tricks to add to any cheer routine. So, whether you are a flyer, a base or a spotter – come and join us! Suitable for beginners through to the more experienced and for all year groups.

Ms Tolland ftolland@forest.org.uk

Concert Orchestra

Open to: Lower School, Middle School

This is our training orchestra, open to all orchestral instrument players from Years 7-9. An excellent opportunity to gain orchestral experience, and a stepping stone to joining the larger Symphony Orchestra. All standards welcome – always perform fun and light repertoire.

Mr Marie nm@forest.org.uk

Contemporary Ensemble

(Invite only) Open to: Lower School, Middle School, Senior School

This ensemble exists to push the students to new heights on their instruments, often playing challenging repertoire from the 20th and 21st Centuries, including some specially commissioned works. A truly unique ensemble within a school setting, which is also flexible from term to term. If you are interested in exploring this music, please join!

Dr Bloom dbloom@forest.org.uk

Contemporary Lyrical

Open to: Lower School, Middle School, Senior School

Contemporary lyrical is a hybrid style involving elements of both contemporary and ballet. Within the class we will focus on warmups and technical skills before embarking upon group choreography.

Previous routines have included *She's All I Wanna Be* by Tate McCrae, *Human* by Rag n Bone Man and *Unstoppable* by Sia. Suitable for beginners through to the more experienced and for all year groups.

Ms Tolland ftolland@forest.org.uk

Drama Club

Drama Club offers an exciting opportunity for students to explore their creativity and develop essential performance skills in a supportive and engaging environment. Designed for both experienced actors and those new to the stage, this club provides a welcoming space for all students to discover the joy of drama. Participants in the Drama Club will delve into various performance techniques and work with a range of stimulating scripts. Through interactive drama games and activities, students will enhance their acting abilities, improve their improvisation skills, and refine their storytelling talents. The club emphasises the importance of collaboration and teamwork, allowing students to build strong connections with their peers while working on creative projects.

Mr Piepskovitz gap@forest.org.uk and Ms Mainwaring rxm@forest.org.uk

Festival Dance Team

(Audition only) Open to: Lower School, Middle School, Senior School

Festival Dance Team is a performance dance group that trains in contemporary, lyrical and jazz. We perform at competitions and events throughout the year. Those that are accepted into Festival Dance must also attend at least one ballet class a week, either inside or outside of school. Entry to Festival Dance is by audition only. Our next round of auditions will take place after Michaelmas half term.

Ms Tolland ftolland@forest.org.uk

Flute Group

Open to: Lower School, Middle School

A small, relaxed ensemble open to all flute players from Year 7 upwards, from all standards from Grade 1 onwards. We rehearse on Friday lunchtimes and the focus is on enjoying playing music together in a friendly environment. Mr Bartels kbartels@forest.org.uk

Forest Brass

Open to: Middle School, Senior School

A group that brings together all senior school brass players, from all standards. We explore the best of classical Brass Ensemble and the great traditional Brass Band highlights. Open to all brass players. Mr Clewlow dnc@forest.org.uk

Forest Funksters

(Invite only) Open to: Lower School, Middle School, Senior School

Our junior Jazz group open to intermediate to advanced players. They focus on improvisation and ensemble skills, and perform on numerous events across the year. An energetic and creative group.

Mr Kemp jkemp@forest.org.uk

Forest Girls' Choir

Open to: Lower School, Middle School, Senior School

A choir open to all girls from Years 7-11. A fun and relaxed atmosphere, the Forest Girls' Choir often perform lively and exciting repertoire, and always impress in concerts for their energy and commitment. Open to all singers, of any standard. Ms Bluff satb@forest.org.uk

Forest Singers

Open to: Lower School, Middle School, Senior School

Our new whole-school choir, this is an exciting opportunity for all students at Forest to join in a vibrant and exciting rehearsal atmosphere. Come and sing, improve your ensemble skills, and simply enjoy being part of a large community. Mr Jackson swj@forest.org.uk

Guitar Ensemble

Open to: Lower School, Middle School, Senior School

The Guitar Ensemble provides an opportunity for classical guitar students of at least Grade 4 standard to perform together. Pieces played will range from classical to modern, with a focus on improving reading skills, sense of time and overall musical awareness. Ms Cooney gcooney@forest.org.uk

K-POP Dance

Are you passionate about K-Pop dance? Do you want to learn the hottest choreography from your favorite groups? Then this is the club for you! Ms Tolland ftolland@forest.org.uk

Musical Theatre Club

Open to: Lower School

The student-led musical theatre club is a lively and fun space where students can explore their love for musicals in a relaxed, creative environment. Rather than focusing solely on full-scale productions, the club encourages members to dive into the world of musical theatre by working on their favourite songs, experimenting with character development, and exploring different performance styles. Whether you're trying out a new character, refining your vocal skills, or simply enjoying the process of bringing a song to life, the club offers a playful and supportive setting where everyone can express themselves and share their passion for musicals.

Ms Moon slm@forest.org.uk

Scholars' Strings

Open to: Lower School, Middle School, Senior School

String group for violin, viola, cello, and bass (Grades 3-8+). New members welcome! Please contact Ms Sheppard ssheppard@forest.org.uk to join.

Soul Band 1, 2, 3

(Invite only) Open to: Lower School, Middle School, Senior School

Exciting live band playing soul music from 60s-80s! Mr Golding sgolding@forest.org.uk

Street Crew

(Audition only) Open to: Lower School, Middle School, Senior School

Street Crew is a performance street dance group that trains all year round for competitions and events. Within street crew students learn all elements of street dance, including hip hop, breaking, house, whacking and so on. Entry to street crew is by audition only. Our next round of auditions will take place after Michaelmas half term. Please do email Ms Tolland if you are interested in auditioning. Ms Tolland ftolland@forest.org.uk

Street Dance

Open to: Lower School, Middle School, Senior School

Street dance including hip hop, commercial and house. Suitable for beginners through to the more experienced and for all year groups. Ms Tolland ftolland@forest.org.uk

Symphony Orchestra

Open to: Middle School, Senior School

With 50+ musicians, the Symphony Orchestra is Forest School's largest ensemble. They tackle everything from Classical and Romantic Period symphonies and tone poems by the likes of Beethoven and Tchaikovsky, to popular film scores and musicals. The Symphony Orchestra also accompanies advanced students performing concertos giving them an unforgettable musical experience, and recently accompanied the school production of *Les Misérables*. We always welcome new players of Grade 5-6 standard and above – commitment is essential! Mr Pares lap@forest.org.uk

Tap Dancing

Open to: Lower School, Middle School, Senior School

In tap class we learn and perfect our tap-dancing technique. From timesteps to close work and rhythmic routines, this class is full of fun! Suitable for all levels. Ms Tolland ftolland@forest.org.uk

Theory & Musicianship

Open to: Lower School, Middle School, Senior School

Lessons of 30 mins are held during Tuesday / Friday lunchtimes. Students of all ability are welcome, especially those needing to pass the grade 5 theory before moving onto grade 6 practical.

Ms Trew jtrew@forest.org.uk

Trad Group

Open to: Lower School, Middle School, Senior School

The virtue of folk music is its amazing tradition of bringing musicians and listeners from any background together in the spirit of camaraderie and celebration. With students from Year 7 to 13, Trad. is going from strength to strength with its players enjoying learning Irish Folk music in a friendly and engaging environment where communication and the sharing of musical ideas is encouraged. Weekly rehearsals are brimming with energy, and students of all ages and playing abilities gain a real sense of achievement having learned to play such fun music together.

Mr MacManus rmacmanus@forest.org.uk

Woodwind Consort

Open to: Lower School, Middle School, Senior School

Open to all woodwind students of beginner and intermediate standard. A great opportunity to work on ensemble playing in a relaxed and fun atmosphere.

Mr Webb njwebb@forest.org.uk