



Learning Aims and Curriculum Intent:

Pupils in Year 11 are exposed to the sociocultural, psychological, and skill-based elements of sport and physical activity. These factors underpin the content that will be involved in Paper 2 of their examination. Focus here shifts towards the Analysing and Evaluating coursework piece which will have been introduced at the end of Y10. This extended essay writing helps dissect anatomical content whilst also providing opportunity for depth of processing and action plans. Pupils examine engagement patterns through a range of data sources from institutions such as the DCMS, NGBs and Sport England. Data rich content is analysed using some basic mathematical recall and suggestions are then made from sources. Diet and Nutrition offers a unique learning opportunity whereby pupils can utilise the FNU rooms at Forest and create a meal plan for some case study athletes. Deviance and sportsmanship are cross examined from a cultural perspective and pupils explore strategies to alleviate illegal drugs from sport.

Topic	Content, Key Questions and Knowledge	Skills	Assessment
Michaelmas 1	<p>Engagement Patters and Factors Affecting Physical Activity</p> <p>2.1 Pupils become familiarised with current trends in physical activity and sport becoming comfortable with a range of different sources (UK SPORT, Sport England, DCMS, NGBs)</p> <p>2.2 Understand how different factors affect participation in both positive and negative ways. Analyse the use of PPA to improve outcomes. Pupils are taught to understand strategies that are used to develop participation and apply examples from sport to participation issues. There are delicate practical lessons for instance through the lens of the disabled population so pupils can understand deeper barriers to participation through games such as blind football, sit down volleyball and rollerball. All of which can be found on Disability UK.</p>	<p>Data analysis</p> <p>Evaluating and Analysing Texts/Resources</p> <p>Retrieval and recall</p> <p>How to make informed educated assumptions based of data</p> <p>Awareness of government policy and critical thinking skills</p>	<p>Small/Large Data tasks</p> <p>Retrieval questions to build knowledge acquisition and understanding.</p> <p>Peer and self-assessment of question banks.</p> <p>Common Departmental Assessments.</p>
Michaelmas 2	<p>Commercialisation of Physical Activity and Sport</p> <p>2.3 Commercialisation and the role of the media is explored through the types that are used such as TV, Media, Newspaper and Social Media's rise.</p> <p>Pupils are expected to know the meaning of sponsorship and the media and the importance of the golden triangle. This is examined in both a positive and negative lens. Pupils are encouraged to apply practical examples to the issue of sponsorship and funds in sports.</p> <p>2.4 The influence and dominance of heavily funded sports. Some small case studies on the rise of 'sportswashing' and what that could mean for future generations.</p>	<p>Linking synoptic questions</p> <p>Exams Analysis</p> <p>Oracy in presentations</p> <p>Mark scheme literacy</p>	<p>Retrieval questions to build on prior knowledge.</p> <p>Case study research tasks</p> <p>Data retrieval, analysis, and report</p> <p>Common Departmental Assessments.</p>
Lent 1	<p>Ethical and Socio-Cultural Issues in Sport and Physical Activity & AEP Coursework</p> <p>2.5 Pupils are expected to know and understand the value of sportsmanship taught through exceptional examples and everyday sporting morals. The reasons why gamesmanship and deviance are sadly commonplace. Articles are examined in this section and some cultural debates.</p> <p>2.6 Both legal and illegal drugs are their effect on performance are studied. Pupils must examine the risk vs reward of these PEDs. The focus is around steroids, beta blockers and stimulants. Pupils are expected to be able to give examples of their use in sports.</p> <p>2.7 Violence and it's unfortunate prevalence in sport. Some sports are historically violent which has excellent A-Level cross over to the history of sport. Pupils are expected to give reasons why violence sometimes occurs.</p> <p>Coursework is complete via the use of the action plan for their prospective weakness area. Clinics are readily available during this time point for coursework specifics alongside the already additional PE sessions weekly.</p>	<p>Article analysis</p> <p>Debating</p> <p>Real world significance</p>	<p>Retrieval quizzes to build knowledge acquisition and understanding.</p> <p>Case studies and comparison of athletes who have been involved in legal disputes.</p> <p>Common Departmental Assessments.</p>

Lent 2	<p>Sports Psychology and Skill Acquisition</p> <p>2.7 Understand the definitions of motor skills, and apply characteristics to movement. Two of the six core continua are explored (difficulty and environmental) pupils are expected to place various skills on the continuums.</p> <p>Goal setting is a popular psychological approach and pupils will be encouraged to set their own goals using the SMART target approach.</p> <p>2.8 Types of guidance and feedback are explored with a range of practical examples. Pupils are tasked with being 'teachers' for the day and must deliver a range of practical skills using only a certain type of feedback. This is then evaluated and feedback to the class.</p>	<p>Assessment identification</p> <p>Practical theory links</p>	<p>Peer assessment opportunities</p> <p>Q&A</p> <p>Common Departmental Assessments</p> <p>Quizzes.</p>
Trinity 1- Study Leave	<p>Health and Nutrition</p> <p>2.9 Pupils are expected to know the key definitions for healthy lifestyles and how sport can contribute to this. Diet and nutrition is explored through some fun practicals and 'star baker'. The UK population is looked at and government sources used to generate some data outcomes sparking discussion</p>	<p>Health, fitness, and wellbeing links</p> <p>Cross curricular opportunities with FNU</p> <p>Exam literacy</p>	<p>Q&A</p> <p>Self and peer assessment</p> <p>Group led starter and plenaries</p>

Examples of Homework	On Sport England, analyse the data produced in 2012 around the time of the London Olympic Games. What suggestions about popular activities at the time can you make>	
Key terminology	PPA, Deviance, Ethics, Gamesmanship, Violent Conduct, Rubric, SMART, Mechanical Guidance, Manual Guidance, Skilful movement, Morals, CAGED	
Super-curricular enrichment and scholarly extension	<p>Go Explore: Local sports clubs in the area (PE department to supply), our affiliation with the Lewin Clinic (Physiotherapy) and teaching fellows at UEL Laboratories.</p> <p>Watch: Invictus Games, Opening and closing ceremonies, UK sport Ted Talk, EIS arenas interview with Jess Ennis</p> <p>Visit: Olympic Stadium, Stratford Regeneration, Body Systems Workshop London. The Loughborough PE trip. UEL Human Performance Centre</p>	
Useful websites	www. Hoddereducation.com www.bcbitesize.com www.sportengland.com www.UKSport.com	
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