



FOREST SCHOOL

Clubs & Societies

A Guide for pupils
2021-22

Introduction

Welcome

This is a guide to all the extra-curricular Clubs & Societies which are available to you, this year at Forest.

Teachers strive to create and provide extra-curricular opportunities for you to explore your interests, whether that be in music, cooking, coding or politics. As you can see from this page, there is a substantial choice of clubs and activities.

We want you to try new things and potentially develop skills which you may not have explored before. However, you won't be good at everything and certainly not straight away so do choose your clubs and societies carefully and always aim to stick with something for at least a term before switching and trying something new if you wish.


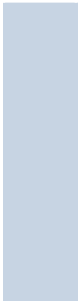






We expect you to be self-motivated, independent and committed to the school community both inside and outside of the classroom. Joining a club, team, ensemble or society is a great way to get involved and take full advantage of all that Forest has to offer.

Miss G Van Praagh

Head of Co-Curricular

Year Group Key

Each year group is represented by one of the following colour tabs, indicated below. Each clubs within this booklet will have one or more coloured tabs to inform you as to which year groups are welcome to join that club or activity. Please note that some clubs, despite the year group, are for scholars only.

Prep	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12	Year 13
							



Astronomy Club

Department/Area of Focus:

Science

Lead Teacher:

Mr Phil Aspery

Email: ptsa@forest.org.uk

Period: All Year

Day: Friday

Time: 1.20pm - 1.50pm

Venue: Teams

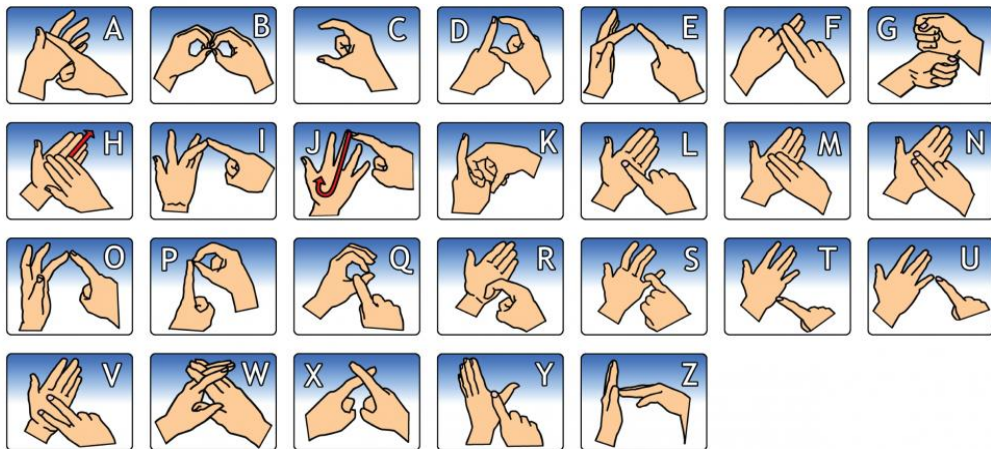
Description

Explore the stars and beyond in Astronomy Club.

Sign Up Procedure

Please email the Lead Teacher to join Astronomy Club





British Sign Language

Department/Area of Focus:

Language

Lead Teacher:

Mr James Mawson

Email: jkpm@forest.org.uk

Period: Michaelmas

Day: Tuesday

Time: 4pm - 5pm

Venue: TBC

Description

Come and learn British Sign Language with fun and interactive lessons!

Sign Up Procedure

Please email the Lead Teacher to join British Sign Language





CCF Drum Corps

Department/Area of Focus:
CCF

Lead Teacher:
Mr Harry Hughes
Email: hhughes@forest.org.uk

Period: All Year
Day: Wednesday
Time: 4pm – 5pm
Venue: Todd Room

Description
Drum Corps for CCF Members only

Sign Up Procedure
Please email the Lead Teacher to join CCF Drum Corps





Cheerleading

Department/Area of Focus:

Dance and Sports

Lead Teacher:

Ms Fiona Tolland-Woodley

Email: ftolland@forest.org.uk

Period: All Year

Day: Monday

Time: 1pm - 1.45pm

Venue: Martin Centre Top Floor

Description

Come and join us for cheerleading every Monday in the Martin Centre. With our qualified cheer coach you will learn how to Pom dance as well as the fundamentals of stunts and tricks. All levels welcome, no experience necessary.

Sign Up Procedure

Please email the Lead Teacher to join Cheerleading





Chess Club

Department/Area of Focus:

Chess

Lead Teacher:

Mr Michael Taylor

Email: mjt@forest.org.uk

Period: All Year

Day: Thursday

Time: 1.20pm-1.50pm

Venue: A12

Description

Playing and enjoying Chess. We play Chess!

Sign Up Procedure

Please email the Lead Teacher to join Chess Club





China and Chinese Culture

Department/Area of Focus:

Culture

Lead Teacher:

Ms Ying Li

Email: yl@forest.org.uk

Period: All Year

Day: Friday

Time: 1.20pm - 1.50pm

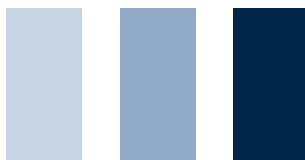
Venue: TBC

Description

An opportunity for Key Stage 3 pupils who like Chinese language and culture and want to learn more about it. The club allows for interactive ways to learn more about China through activities such as traditional festival celebrations, dumpling making, fan painting, calligraphy writing, learning Chinese songs and folk dance, watching Chinese films and much more. All levels of students are welcomed to join in on the fun.

Sign Up Procedure

Please email the Lead Teacher to join China and Chinese Culture





Contemporary Lyrical Dance

Department/Area of Focus:

Dance

Lead Teacher:

Ms Fiona Tolland-Woodley

Email: ftolland@forest.org.uk

Period: All Year

Day: Tuesday

Time: 4pm – 4.45pm

Venue: Teams

Description

A fun and friendly dance class working on contemporary dance technique in the style of So You Think You Can Dance. After warming up we perfect our technical skills before working on our weekly choreography. Open to all levels, no experience necessary.

Sign Up Procedure

Please email the Lead Teacher to join Contemporary and Lyrical Dance





Crochet Club

Department/Area of Focus:

Textiles/Crochet

Lead Teacher:

Mrs Jessica Hayes

Email: jeh@forest.org.uk

Period: Michaelmas

Day: Tuesday Week A

Time: 1.20pm – 1.50pm

Venue: Art 3

Description

Crochet for beginners, come along and make some exciting projects.

Sign Up Procedure

Please email the Lead Teacher to join Crochet Club





Cross Country Club

Department/Area of Focus:

Sports

Lead Teacher:

Miss Paige Cooper

Email: pco@forest.org.uk

Period: All Year

Day: Wednesday

Time: 1pm - 1.30pm

Venue: Johnnians Field

Description

Forest runs for both new and experienced runners, all abilities welcome.

Sign Up Procedure

Please email the Lead Teacher to join Cross Country Club





Design Technology Make Club

Department/Area of Focus:
Design and Technology

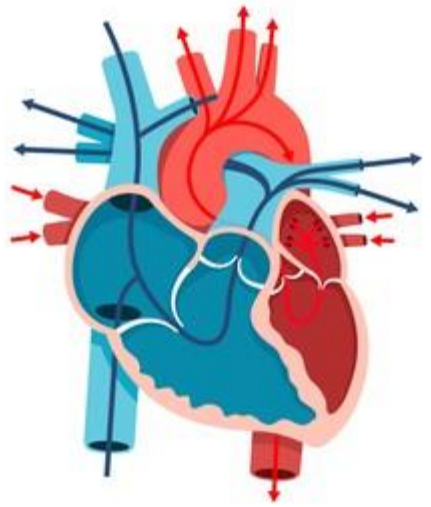
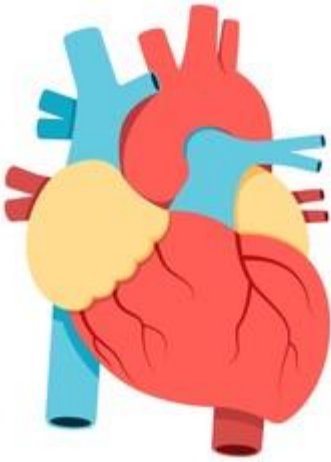
Lead Teacher:
Mr James Russo
Email: jr@forest.org.uk

Period: Michaelmas, Trinity
Day: Thursday
Time: 4pm - 5pm
Venue: DT2

Description
Design and make various products, incorporating different areas of design & technology such as electronics, wood-work etc

Sign Up Procedure
Please email the Lead Teacher to join Design Technology Make Club





Dissection Society

Department/Area of Focus:

Biology/Medical

Lead Teacher:

Mr Matthew Clifford

Email: mc@forest.org.uk

Period: All Year

Day: Wednesday

Time: 4pm – 5.15pm

Venue: Lab 11

Description

Dissection society is a place where students can come and learn more about the amazing organs that make them up and help them live their lives. Through hands on dissection, students learn how to identify real anatomical features whilst having good fun along the way. Dissection is a skill that must be learnt and the best way to do this is with practise.

Sign Up Procedure

Please email the Lead Teacher to join Dissection Society





Faith Societies at Forest

Department/Area of Focus:

Religion

Lead Teacher:

Mrs Louisa Parrales & Mr Jas Sundhu

Email: lparrales@forest.org.uk & js@forest.org.uk

Period: All Year

Day: Tuesday

Time: 1pm - 1.45pm

Venue: Christian Union - Room 98

Islamic Society – A6

Description

These pupil-led lunchtime groups are supported by staff providing space for pupils to discuss their faith and develop their understanding of how others view and apply it in their lives. Groups operate independently but will join together throughout the year for charity activities and interfaith events.

Sign Up Procedure

Please email the Lead Teacher to join Christian Union





Feminist Society

Department/Area of Focus:

Politics

Lead Teacher:

Mr Christopher Ranger

Email: cmr@forest.org.uk

Period: All Year

Day: Tuesday

Time: 1.20pm - 1.50pm

Venue: L4

Description

A time for discussion of politics concerning women's rights and allowing those interested to become more informed on equality issues

Sign Up Procedure

Please email the Lead Teacher to join Feminist Society





Festival Dance Team

Department/Area of Focus:

Dance

Lead Teacher:

Ms Fiona Tolland-Woodley

Email: ftolland@forest.org.uk

Period: All Year

Day: Wednesday

Time: 4pm – 5.30pm

Venue: Upper Library

Description

Invitation only Festival/Competition dance team training in Contemporary and Lyrical Dance. Must also attend ballet class either inside or outside of school at a minimum of grade 2 level. Students will be training to compete at external events.

Sign Up Procedure

Please email the Lead Teacher to join Festival Dance Team





Film Making Club

Department/Area of Focus:

Film Making

Lead Teacher:

Mr Sulymaan Hameed

Email: shameed@forest.org.uk

Period: All Year

Day: Thursday

Time: 4pm - 5pm

Venue: TBC

Description

You will learn how to master all of the equipment and skills needed to make your own films. From lights to tripods, gimbles to editing software. You will have the opportunity to direct, shoot, edit and screen your own films as you learn how to be a professional film-maker.

Sign Up Procedure

Please email the Lead Teacher to join Film making





From Page to Stage

Department/Area of Focus:

Drama

Lead Teacher:

Ms Rosie Mainwaring & Mr Dyfed Potter

Email: rxm@forest.org.uk & drp@forest.org.uk

Period: All Year

Day: Wednesday

Time: 1.15pm – 1.45pm

Venue: Gilderdale Hall

Description

In this club for Y7 & 8, pupils will have the opportunity to write original scripts before rehearsing and presenting them.

Sign Up Procedure

Please email the Lead Teacher to join From Page to Stage





GCSE & A Level Art, Photography and Textiles

Department/Area of Focus:

Art and Textiles

Lead Teacher:

Ms Georgina Selwyn

Email: gs@forest.org.uk

Period: All Year

Day: Tuesday

Time: 1.20pm - 1.50pm

Venue: Art 1

Description

A Tuesday lunch club for all Art, Photography and Textile GCSE/A Level students. You will be able to access the resources in the Art department and work on your coursework.

Room Art1.

Sign Up Procedure

Please email the Lead Teacher to join GCSE & A Level Art, Photography and Textiles





GCSE Art Club

Department/Area of Focus:

Art

Lead Teacher:

Ms Sav Dhanjal

Email: sxd@forest.org.uk

Period: All Year

Day: Thursday

Time: 4pm – 5pm

Venue: Art 5

Description

This club is on offer to GCSE Art, Textiles & Photography students. It is an opportunity for them to work in the studios to develop their work and receive additional support from teachers.

Sign Up Procedure

Please email the Lead Teacher to join GCSE Art Club





Japanese Language and Culture

Department/Area of Focus:

Language and Culture

Lead Teacher:

Mr James Russo

Email: jr@forest.org.uk

Period: All Year

Day: Wednesday Week B

Time: 4pm – 5pm

Venue: DT2

Description

Come learn the Japanese language and about Japanese culture!

Sign Up Procedure

Please email the Lead Teacher to join Japanese Language and Culture





Karting

Department/Area of Focus:

Sports

Lead Teacher:

Mr Iain McGregor

Email: iam@forest.org.uk

Period: All Year

Day: TBC

Time: TBC

Venue: Rye House

Description

Come and join the Forest Karting Club!

Sign Up Procedure

Please email the Lead Teacher to join Karting Club





Level 1 Ballet

Department/Area of Focus:

Dance

Lead Teacher:

Ms Fiona Tolland-Woodley

Email: ftolland@forest.org.uk

Period: All Year

Day: Tuesday

Time: 1.05pm – 1.50pm

Venue: Upper Library

Description

Ballet class at around Grade 2/Grade 3 level. Suitable for those starting ballet, returning to ballet or for those currently studying at a similar level outside of school. Newcomers welcome.

Sign Up Procedure

Please email the Lead Teacher to join Level 1 Ballet





Level 2 Ballet

Department/Area of Focus:

Dance

Lead Teacher:

Ms Fiona Tolland-Woodley

Email: ftolland@forest.org.uk

Period: All Year

Day: Monday

Time: 4pm – 4.45pm

Venue: Martin Centre Top Floor

Description

A class for those in Grade 4 ballet or above who would like to prepare for pointe work or are currently studying pointe work. Students will be assessed as to their suitability for pointe work before being admitted to the class.

Sign Up Procedure

Please email the Lead Teacher to join Level 2 Ballet





Mandarin GCSE Support Club

Department/Area of Focus:
Modern Foreign Languages

Lead Teacher:
Ms Li Chen
Email: lc@forest.org.uk

Period: Michaelmas, Lent
Day: Wednesday
Time: 1.20pm - 1.50pm
Venue: TBC

Description
This is for Y11 Mandarin students who need support for their GCSE exam preparation

Sign Up Procedure
Please email the Lead Teacher to join Mandarin GCSE Support Club





Manga Club

Department/Area of Focus:

Art and Story telling

Lead Teacher:

Mr James Russo

Email: jr@forest.org.uk

Period: All Year

Day: Wednesday Week A

Time: 4pm – 5pm

Venue: DT2

Description

Come to read and draw manga!

Sign Up Procedure

Please email the Lead Teacher to join Manga Club





Model United Nations

Department/Area of Focus:

Politics

Lead Teacher:

Mr James Pendred

Email: jrp@forest.org.uk

Period: All Year

Day: Wednesday

Time: 4pm - 5pm

Venue: TBC

Description

Students will explore current affairs and global perspectives as they engage in debate. Attendees will be challenged to step into the shoes of delegates representing specific countries and each defend their country's interests as they tackle issues diplomatically, working alongside those representing other countries.

Sign Up Procedure

Please email the Lead Teacher to join Model United Nations





Musical Theatre Club

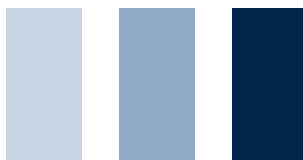
Department/Area of Focus:
Drama and Performance

Lead Teacher:
Miss Georgia Oldman
Email: goldman@forest.org.uk

Period: All Year
Day: Wednesday
Time: 1.20pm - 1.50pm
Venue: Recital Room

Description
Come and learn songs and dances from your favourite musicals during lunchtime!

Sign Up Procedure
Please email the Lead Teacher to join Musical Theatre Club





Mythology Club

Department/Area of Focus:

Mythology

Lead Teacher:

Mrs Adrienne Gould

Email: agg@forest.org.uk

Period: All Year

Day: Tuesday

Time: Lunchtime

Venue: F8

Description

Each week we take a theme or aspect from Mythology to discuss. There will be Greek and Roman myths and stories, but also elements of other cultures, centred on how human beings make sense of their world by expressing difficult concepts through rationalising tales. Everyone is welcome, but you should be aware that it is not for the squeamish!

Sign Up Procedure

Please email the Lead Teacher to join Mythology Club





Pop Choir

Department/Area of Focus:

Music

Lead Teacher:

Mr Nicolas Marie

Email: nm@forest.org.uk

Period: All Year

Day: Friday

Time: 1.20pm - 1.50pm

Venue: M11

Description

Year 10 - 13 Choir singing pop repertoire!

Sign Up Procedure

Please email the Lead Teacher to join Pop Choir





Pre Pointe/Pointe Class

Department/Area of Focus:

Dance

Lead Teacher:

Ms Fiona Tolland-Woodley

Email: ftolland@forest.org.uk

Period: All Year

Day: Monday

Time: 4.45pm – 5.15pm

Venue: Martin Centre Top Floor

Description

A class for those in Grade 4 ballet or above who would like to prepare for pointe work or are currently studying pointe work. Students will be assessed as to their suitability for pointe work before being admitted to the class.

Sign Up Procedure

Please email the Lead Teacher to join pre Pointe/Pointe Class





Russian Club

Department/Area of Focus:
Modern Foreign Languages

Lead Teacher:
Ms Gaby Henze
Email: ghenze@forest.org.uk

Period: All Year
Day: Tuesday
Time: 1.20pm - 1.50pm
Venue: G10

Description

The Russian club is for all age and ability groups. We write Cyrillic, we read and speak, and sometimes even sing in Russian. We learn about Russia, Russian literature and culture. It is possible to enrol Russian GCSE and A level.

Sign Up Procedure

Please email the Lead Teacher to join Russian Club





Socratic Dialogue Society

Department/Area of Focus:

Philosophy

Lead Teacher:

Miss Rhona Mackie

Email: rm@forest.org.uk

Period: All Year

Day: Friday

Time: 1.20pm - 1.50pm

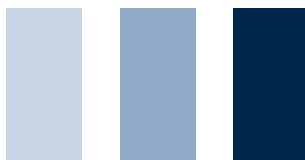
Venue: F12

Description

A weekly discussion club where we debate topical moral, social and philosophical issues. Go beyond the curriculum and develop important skills. Debating will help to develop essential critical thinking skills, the ability to make reasoned and well thought out arguments and to question the evidence behind a particular stance or conclusion.

Sign Up Procedure

Please email the Lead Teacher to join Socratic Dialogue Society





STEAM Society

Department/Area of Focus:

Science

Lead Teacher:

Ms Katherine Vidos

Email: kev@forest.org.uk

Period: All Year

Day: Wednesday

Time: 4 – 5pm

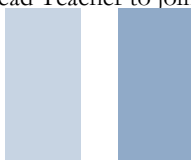
Venue: Lab 3

Description

STEAM Society is a combination of Science, Technology, Engineering, Arts and Mathematics. Pupils attend on a weekly basis to inspire and engage their interest in cross-curricular subjects and ideas. There will be termly lectures held by members of the public talking about their field of work. Sixth Form pupils carry out practicals, providing excellent opportunities for teamwork, learning how to follow instructions and broaden pupils interest in these subjects.

Sign Up Procedure

Please email the Lead Teacher to join STEAM Society





Street Crew

Department/Area of Focus:

Dance

Lead Teacher:

Ms Fiona Tolland-Woodley

Email: ftolland@forest.org.uk

Period: All Year

Day: Wednesday & Friday

Time: 1.05pm - 1.50pm & 4pm – 5.30pm

Venue: Upper Library & Martin Centre Top Floor

Description

Street Crew training session. Street Dance training for competitions and performances.

Admittance to Street Crew by audition only.

Sign Up Procedure

Please email the Lead Teacher to join Street Crew





Street Dance

Department/Area of Focus:

Dance

Lead Teacher:

Ms Fiona Tolland-Woodley

Email: ftolland@forest.org.uk

Period: All Year

Day: Friday

Time: 1.05pm - 1.50pm

Venue: Martin Centre Top Floor

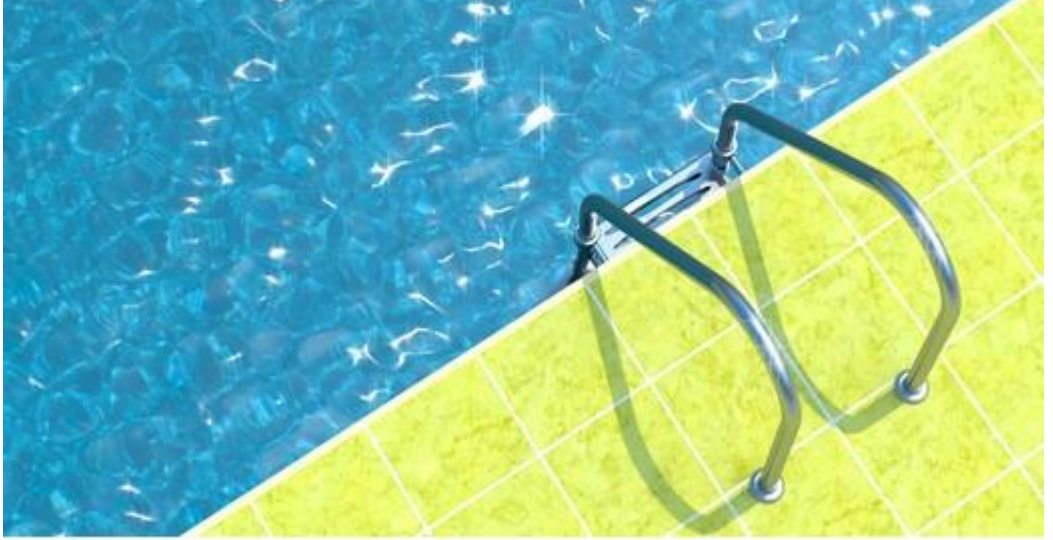
Description

Street Dance Club for all levels, learning everything from hip hop to commercial and much more. No experience necessary, all welcome.

Sign Up Procedure

Please email the Lead Teacher to join Street Dance





Sub-Aqua Club

Department/Area of Focus:

Sports

Lead Teacher:

Mr Martin Bassett-Jones

Email: mgb@forest.org.uk

Period: All Year

Day: Friday

Time: 4pm – 5.15pm Swim

5.30pm – 6.30pm Theory

Venue: SLC Pool and Todd Room

Description

Join Forest School's Sub Aqua Club! Our sessions now include both swimming and theory!

Sign Up Procedure

Please email the Lead Teacher to join Sub-Aqua Club





Tap Dancing

Department/Area of Focus:

Dance

Lead Teacher:

Ms Fiona Tolland-Woodley

Email: ftolland@forest.org.uk

Period: All Year

Day: Wednesday

Time: 4pm – 4.45pm

Venue: Martin Centre Top Floor

Description

A tap dancing class for all levels from beginners to advanced. No experience necessary.

Sign Up Procedure

Please email the Lead Teacher to join Tap Dancing





Weightlifting Club

Department/Area of Focus:

Sports

Lead Teacher:

Mr Dayne Massey

Email: dmassey@forest.org.uk

Period: Michaelmas

Day: Wednesday

Time: 4pm -5pm

Venue: Fitness Suite

Description

We all have a hidden confidence that we haven't yet discovered. Why not explore that whilst at the same time achieving physical feats you never thought you would, or even thought you could? The weightlifting club will practically explore the principles of barbell weightlifting and building strength (not size) in the gym environment.

Sign Up Procedure

Please email the Lead Teacher to join Weightlifting Club





Year 7 Choir

Department/Area of Focus:

Music

Lead Teacher:

Mr Nicolas Marie

Email: nm@forest.org.uk

Period: Michaelmas

Day: Monday

Time: 1.30pm - 1.50pm

Venue: Chapel

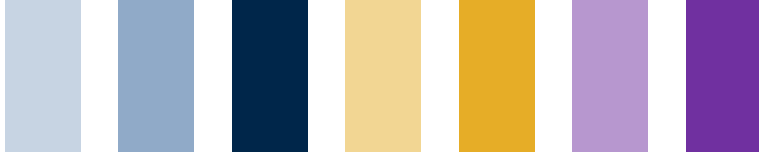
Description

For all boys and girls, Year 7 choir runs on Mondays in the Chapel 1.30pm - 1.50pm. This club is for all and culminates in a performance at our Concert towards the end of Michaelmas. All Year 7 to attend.

Sign Up Procedure

Please email the Lead Teacher to join Year 7 Choir





Sports and Music

Sports and Music at Forest is an integral part of our co-curricular programme with many opportunities to join teams and clubs in a wide range of different sports.

If you have any questions about sporting opportunities please contact Mr Ben Adams.

bda@forest.org.uk

For Music Clubs, please see attached list. If you have any further questions, please contact Mr Iain McGregor. iam@forest.org.uk





FOREST
SCHOOL

0208 520 1744 | co-curriculum@forest.org.uk | www.forest.org.uk